

## 33-week Study Plan

# ***“The (Ukrainian Catholic) Catechism In (less than) A Year”***

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Welcome to the Eastern Catholic catechism study plan used by Christopher in the *Ukrainian Fire Chaplain Show*'s podcast: **“The (Ukrainian Catholic) Catechism In (less than) A Year”!**

This daily study series is scheduled to begin after Easter of 2023. It will be available on YouTube and on over a dozen podcast platforms, including Spotify and Apple Podcasts.

In about 10 minutes a day over 33 weeks, Christopher will guide you through a study of *Christ Our Pascha*, the catechism of the Ukrainian Greek Catholic Church (UGCC)—the largest of all the Eastern Catholic Churches.

During each daily episode, Christopher will explain the teaching of the catechism according to our reading plan and he will share some practical insights and inspiration. Our Ukrainian catechism offers answers to the most profound questions about the meaning and purpose of life. It also offers wisdom and perspective on the Catholic Faith, Sacraments, and Morals from a uniquely Eastern Catholic understanding and experience of Christianity.

In his introductory letter to *Christ Our Pascha*, the Head and Father of our Ukrainian Church—Patriarch Sviatoslav Shevchuk—wrote that,

“In 1992, the *Catechism of the Catholic Church* was published, and a Ukrainian translation appeared in 2002. One of the goals of the *Catechism of the Catholic Church*

was to serve as an authentic and proper guide for the compilation of future local catechisms. [St John Paul II noted that] ‘[the universal] catechism is not meant as a substitute for the various local catechisms. ... Rather it is meant to encourage the creation of new and local catechisms that are better equipped to take into account the unique nuances of particular cultures, while at the same time remaining diligently faithful to the unity of faith and Catholic teaching.’

The particularity of the UGCC theological tradition, which is Eastern Christian in origin, defines the need of a separate catechism for our Church. [St] John Paul II, Pope of Rome, drew attention to this theological particularity: ‘In the study of revelation, East and West have followed different methods ... these various theological formulations are often to be considered mutually complementary rather than conflicting.’ His Beatitude Lubomyr expressed this same thought: ‘Christ’s teaching is one and the same for everyone. Faith in Christ is also the same for all Catholics, regardless of which Rite or Particular Church they belong to. However, the theological understanding of divinely revealed Truths can be different in various cultures, just as liturgical Rites are different.’”

**The study plan we will be following adopts the layout of *Christ Our Pascha*, which was written in three principal parts:**

**(1-GREEN)** The Faith of the Church,

**(2-BLUE)** The Prayer of the Church, and

**(3-YELLOW)** The Life of the Church.

Additionally, there are two other short segments in our series:

**(A-ORANGE)** an introduction with the study of the Anaphora of St Basil and

**(B-GREY)** a summary section with key beliefs and specific Byzantine prayers.

We look forward to journeying with you through our catechism!

You can find links to obtain the FREE PDF copy of *Christ Our Pascha* catechism and this 33-week outline of daily readings used for our study series at:

**[www.ChristInAYear.com](http://www.ChristInAYear.com)**

**\*\*\*\*\*CONTENT ADVISORY: Some portions of this series (such as treatment of the 6th and 9th Commandments, among others) may contain content and adult discussions unsuitable for children and young listeners\*\*\*\*\***

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*Christopher is a lay theologian in the UGCC and is producing this catechism study series as an education project under His Excellency, Most Rev. Bohdan Danylo (St. Josaphat Eparchy of Parma). Christopher holds three graduate degrees, including one from Byzantine Catholic Seminary. He also has a background in public safety, public safety instruction, and has served as a lay chaplain in a busy ER during COVID-19.*

Catechism Part	Topic	Christ Our Pascha Paragraph #'s	Day #	Read yet?
Introduction	Introduction: Letter of Patriarch Sviatoslav Shevchuk	Letter	1	
	Structure, Symbol of Faith	1, 9-11, 2-5	2	
	Anaphora of Basil	6-8	3	
Revelation Of The Most Holy Trinity	The Faith of the Church, Preface	12-17	4	
	God's Word in Creation	18-22	5	
	God in History	23-29	6	
	Apostolic Tradition	30-34	7	
	Faithfulness to Tradition, Tradition and Scripture	35-37	8	
	Holy Scriptures	38-40	9	
	Divine & Human Aspects, Unity of Both Testaments	41-45	10	
	Reading and Explanation	46-49	11	
	<i>Ibid.</i>	50-52	12	
	Catechesis, Tradition of Church Fathers	53-59	13	
	Inculturation of Good News	60-62	14	
	Growth in Faith	63-66	15	
	Transmission of Faith	67-70	16	
We Believe In The Trinity, One In Essence And Undivided	Preface	71-73	17	
	God the Father	74-78	18	
	Father without Beginning	79-84	19	
	God the Son	85-90	20	
	God the Holy Spirit	91-96	21	
	Proceeds from the Father	97-98	22	
We Believe In God The Father, Creator Of Heaven And Earth, And In Our Savior Jesus Christ, And In The Holy Spirit, The Lord, The Giver Of Life	The Creator and His Creation	99-102	23	
	The Freedom of the Creator	103-106	24	
	The Goodness of Creation	107-110	25	
	God's Plan	111-112	26	
	Visible and Invisible World	113-117	27	
	Mankind-Crown of Creation	118-120	28	
	Mankind-Image and Likeness	121-127	29	
	Created Nature of Mankind	128-131	30	
	Man and Woman	132-134	31	
	Freedom and Responsibility	135-140	32	
	The Fall of Angels	141-144	33	
	The Fall of Man	145-148	34	
	Consequences of the Fall	149-158	35	
	Promise of the Messiah	159-163	36	
	Covenants after the Fall	164-167	37	
	Promise of a New Covenant	168-174	38	
	Expectation of the Savior	175-177	39	
	God Becomes Man	178-181	40	
	The Annunciation	182-189	41	
	The Nativity	190-196	42	
The Theophany	197-202	43		
Announcing the Kingdom	203-208	44		
Signs: Words of Christ	209-210	45		
Signs: Works of Christ	211-214	46		
The Pascha (Passover) of Christ	215-220	47		

	<b>Topic</b>	<b>Christ Our Pascha Paragraph #'s</b>	<b>Day #</b>	<b>Read yet?</b>
<b>(.... continued We Believe In God The Father, Creator Of Heaven And Earth, And In Our Savior Jesus Christ, And In The Holy Spirit, The Lord, The Giver Of Life)</b>	Entrance into Jerusalem	221-224	48	
	The Passion	225-227	49	
	The Resurrection	228-231	50	
	<i>Ibid.</i>	232-235	51	
	The Ascension	236-237	52	
	The Second Coming	238-240	53	
	Presence of the Risen Christ	241-242	54	
	Union of Earth and Heaven in Christ	243-244	55	
	Resurrection of the Dead	245-247	56	
	Divine Judgment	248-251	57	
	God-All in All	252-254	58	
	Pentecost: The Promise	255-260	59	
	Pentecost: The Sending	261-265	60	
	Giver of Grace	266-270	61	
	Church as Icon of Trinity, OT	271-276	62	
	Church in NT	277-282	63	
	Church as One	283-287	64	
	Church as Holy	288-289	65	
	Church as Catholic	290-293	66	
	Church as Apostolic	294-300	67	
	Self-Governing Nature of UGCC	301-303	68	
	Church as Communion	304-308	69	
	Church as New Creation	309-310	70	
Devotion to Most Holy Mother of God	311-315	71		
Saints of Christ's Church	316-321	72		
New Ukrainian Martyrs and Confessors	322-326	73		
<b>We are Created for Intimacy with God and Communion with God</b>	Preface	327-330	74	
	Made for Intimacy and Communion of God	331-334	75	
	Trinitarian & Ecclesial Character of Divine Services	335-337	76	
	Eschatological & Cosmic Character of Divine Services	338-342	77	
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	Preparation for Liturgy	346-347, 353-354	79	
	The Proskomide	348-352	80	
	Liturgy of the Word: Blessed is the Kingdom	355-359	81	
	Liturgy of the Word: Antiphons	360	82	
	Liturgy of the Word: The Little Entrance	361-365	83	
	Liturgy of the Word: Hearing the Word	366-369	84	
	Liturgy of the Eucharist: Preparation	370-374	85	
	Anaphora: Thanksgiving	375-376	86	
	Anaphora: Memorial	377-379	87	
	Anaphora: Offering	380	88	
	Anaphora: Invocation	381-383	89	
	Liturgy of the Eucharist: Our Father	384-387	90	
	Liturgy of the Eucharist: Communion	388-390	91	
	Liturgy of the Eucharist: Thanksgiving	391-392	92	
	Three Orders of Liturgy: SJC	393-397	93	
Three Orders of Liturgy: Basil	398-400	94		

	<b>Topic</b>	<b>Christ Our Pascha Paragraph #'s</b>	<b>Day #</b>	<b>Read yet?</b>
<b>(... continued The Prayer of the Church Community)</b>	Three Orders of Liturgy: Presanctified	401-402	95	
	Christ in Our midst: The Seven Holy Mysteries (Sacraments)	403-407	96	
	Initiation: Baptism is Birth	408-410	97	
	Initiation: Baptism is Dying	411-412	98	
	Initiation: Blessing of the Jordan	413-414	99	
	Initiation: One Baptism for Remission	415	100	
	Initiation: Necessity of Faith	416-418	101	
	Rite of Baptism	419-422	102	
	Celebrant of Baptism	423	103	
	Initiation: Chrismation	424-427	104	
	Rite of Chrismation	428-430	105	
	Initiation: Eucharist	431-433	106	
	Eucharist is the Body and Blood	434-438	107	
	Eucharist: Consecration	439-441	108	
	Eucharist: Offering	442-446	109	
	Healing: Repentance	447-455	110	
	Rite of Confession	456-461	111	
	Healing: Anointing	462-467	112	
	Rite of Anointing	468-469	113	
	Service: Marriage	470-476	114	
	Rite of Crowning	477-484	115	
	Service: Orders	485-493	116	
	Rite of Ordination	494-499	117	
	Special Occasions	500-509	118	
	Funeral for Deceased	510-518	119	
	Commemoration of Deceased	519-521	120	
Exorcism	522-523	121		
Akathist Hymn	524-527	122		
Molebens and Other Hymns	528-532	123		
<b>The Time and Space of the Church's Prayer</b>	Time and Space of Church's Prayer: Introduction	533-536	124	
	Daily Cycle: Vespers and Matins	537-547	125	
	Daily Cycle: Little Hours	548-554	126	
	Weekly Cycle: Octoechoes, Order of Tones	555-558, 563-564	127	
	Weekly Cycle: Sunday and Weekdays	559-562	128	
	Yearly Cycle: Lenten and Floral Triodia	565-573	129	
	Yearly Cycle: Fixed Feasts	574-578	130	
	Church Building	579-583	131	
	<i>Ibid.</i>	584-588	132	
	Veneration of Icons	589-591	133	
	Role of Icons	592-599	134	
	Iconostasis	600-609	135	
	Iconography	610-614	136	
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	<b>Topic</b>	<b>Christ Our Pascha Paragraph #'s</b>	<b>Day #</b>	<b>Read yet?</b>
<b>(... continued</b> The Time and Space of the Church's Prayer)	Vestments of Bishop	637-639	141	
	Other Articles	640-647	142	
	Liturgical Books	648-653	143	
	Domestic Church, Icon Corner	654-658	144	
	Family Prayer	659-663	145	
	Scripture in the Home	664-667	146	
<b>The Personal Prayer of the Christian</b>	Personal Prayer	668-672	147	
	The "Our Father"	673-683	148	
	Praying Psalms and Short Prayers	684-687	149	
	Praying with Tears, Voice, Silence	688-692	150	
	Jesus Prayer and Rosary	693-695	151	
	Examination of Conscience	696-698	152	
	Time and Place of Prayer	699-703	153	
<b>The Spiritual Life- Life in the Holy Spirit</b>	The Life of the Church	704-709	154	
	Life in the Holy Spirit	710-718	155	
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<b>The Person in Christ as a New Creation in the Holy Spirit (1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Commandments)</b>	Vocation to Divine Likeness	725-731	157	
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	Cooperation with God	744-746	159	
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	Ascesis	755-758	161	
	First Capital: Gluttony versus Temperance	759-760	162	
	Second Capital: Lust versus Wholeness	761-763	163	
	Third Capital: Avarice versus Generosity	764-765	164	
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	Sixth Capital: Acedia versus Cheerfulness	771-773	167	
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	Eighth Capital: Pride versus Humility	777-779	169	
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	Types of Prayer: Thanksgiving	813-815	177	
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	Enlightenment	822-825	180	
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	Faith	833-839	182	
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	<b>Topic</b>	<b>Christ Our Pascha Paragraph #'s</b>	<b>Day #</b>	<b>Read yet?</b>
<b>The Christian Family as a New Creation (4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, and 9<sup>th</sup> commandments)</b>	Family and Sexuality	856-865	186	
	Marital Fidelity	866-868	187	
	Marital Fruitfulness	869-873	188	
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	Sin: Human Cloning	877-879	190	
	Sin: Abortion	880-884	191	
	Sin: Contraception	885-891	192	
	Responsible Parenthood	892-897	193	
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	Understanding Death	901-902	195	
	Use of Pain Management	903	196	
	Organ Transplantation: Limits	904-907	197	
	Sin: Euthanasia	908-910	198	
	<b>Society Transfigured in the Church (the 5<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, and 10<sup>th</sup> commandments)</b>	Christian View of World	911-917	199
Church as Model: One		918-920	200	
Church as Model: Holy		921-922	201	
Church as Model: Catholic		923-924	202	
Church as Model: Apostolic		925-926	203	
Social Dimensions of Freedom		927-931	204	
Democracy		932-935	205	
Social Dimensions of Love		936-938	206	
Social Justice		939-942	207	
Social Relations		943-945	208	
Honor and Reputation		946-947	209	
Mass Media		948-950	210	
Christian Education		951-953	211	
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Limits of State Power		959-963	213	
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	Peace and War	986-990	219	
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	Symbol of Faith (Creed)	Page 311	225	
	Commandments of God	Page 313	226	
	Precepts of Church, Greetings	Pages 313 & 316	227	
	Virtues & Gifts of Holy Spirit, Sins	Pages 314 & 316	228	
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Social Directives	Page 317	231		